

# Bach™

## INTERNATIONAL EDUCATION PROGRAMME

Group	Remedy
<b>Fear</b> (Face Your Fears)	Mimulus
	Aspen
	Rock Rose
	Cherry Plum
	Red Chestnut
<b>Insufficient Interest In Present Circumstances</b> (Live The Day)	Honeysuckle
	Clematis
	Chestnut Bud
	White Chestnut
	Wild Rose
	Mustard
<b>Loneliness</b> (Reach Out To Others)	Olive
	Heather
	Impatiens
<b>Uncertainty</b> (Know Your Mind)	Water Violet
	Hornbeam
	Gentian
	Gorse
	Scleranthus
<b>Despondancy or Despair</b> (Find Joy and Hope)	Wild Oat
	Cerato
	Star of Bethlehem
	Willow
	Elm
	Pine
	Sweet Chestnut
	Larch
Oak	
<b>Over-Care for the Welfare of Others</b> (Live and Let Live)	Crab Apple
	Vine
	Vervain
	Beech
	Chicory
<b>Over-Sensitive to Influences and Ideas</b> (Stand Your Ground)	Rock Water
	Centaury
	Walnut
	Holly
	Agrimony